

**Matt Talbot Retreat -- Michael P.**  
**"Practicing Spiritual Principles" -- Nov. 8-10, 2024**

**Friday**

2pm-5pm	Registration
5pm-6pm	Dinner
6:30pm-8pm	Welcome, Intros & Session 1 -- <i>Principles &amp; Identification Step (1)</i>

**Saturday**

8am-9am	Breakfast
9am-9:45am	Session 2 -- <i>Spiritual Steps (2, 3 and 11)</i>
9:45-10:30am	Discussion Groups
10:45-11:30am	Session 3 -- <i>Personal Inventory Steps (4, 5, 6, 7 and 10)</i>
11:30am-12:15pm	Discussion Groups
12:30pm-1:30pm	Lunch
1:30pm-1:45pm	<b>PHOTO</b> (Please be on time!)
2-2:30pm	Session 4 -- <i>Restitution/Healing Steps (8-9)</i>
2:30-3pm	Discussion Groups
3-5pm	Free Time
5pm-6:30pm	Dinner
7pm	AA Meeting

**Sunday**

8am-9am	Breakfast
9am-11am	Final Session -- <i>Service Step (12)</i> and Ending Ceremony

**NOTES:**

- o Please be sure to TURN IN YOUR KEYS BEFORE YOU LEAVE !!!
- o Please keep the room door closed. Lizards, snakes, etc. WILL visit you if not closed
- o Remember to remove all personal items from your rooms.
- o Linens should be removed and placed in the bins at the end of the hall before leaving.
- o We collect a gratuity for the staff of this retreat center on Saturday night; please contribute if possible
- o We also collect for our "SCHOLARSHIP" fund. If you can contribute, please do.  
     If you'd like to "Sponsor" someone (specifically, for a scholarship), please inform John B.
- o The gate closes at 10pm. We have a gate code if you need to arrive or return later than 10pm.
- o PLEASE PICK UP YOUR CIGARETTE BUTTS AND ALL TRASH

*We are guests here and have an excellent reputation with this retreat facility. Please help us maintain that by putting all sheets in bins AND leaving your room clean. THANK YOU!!!  
 For any questions, needs, or issues during the retreat, see John B. or call cell (858) 805-5820.*

